

The inaugural Research Network meeting:

Tuesday, 22 October 2019

Nick Zwar General Practitioner and Executive Dean of Bond's Faculty of Health Sciences and Medicine spoke about our Practice-Based Research Network (PBRN) that is formed from all primary care people with an interest in research. At our first meeting we invited practice nurses, practice managers, GPs, registrars, primary care researchers and PHN leads. Nick described how PBRN's can support grass roots research and help to co-design university lead research projects to focus on what matters most to General Practice.

We need a name going forward and, as valued and contributing members, would like your vote on suggestions for the network name. We want a name that encompasses the inclusive nature of the research network and preferably one that is easily remembered and acknowledges the geographic region. Suggestions can be found and voted on by clicking this link: <http://tinyurl.com/y3h66xun>

This was followed by brief presentations about the supports that are in place. We heard from

- ★ *Paul Glasziou* described the work of the IEBH that can provide expertise in research methodology and has a focus on neglected areas in healthcare.
- ★ *Anthea Blower*, Practice Manager, presented the role and importance of practice managers and nurse teams being the hidden champions that support innovations in practice.
- ★ *Jane Smith* described how journal clubs can generate research questions while keeping practices up to date through social and lively debates.
- ★ *Mark Morgan* explained the Gold Coast PHN's data extraction tool, Primary Sense and described how this can be used for research.
- ★ *Katrina McLean* spoke about GP research emerging from questions and discussion on social media – General Practice Down Under (GPDU); General Practice Gold Coast (GPGC).

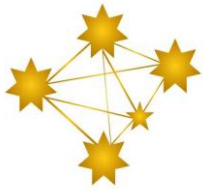
Key points from the small group discussions that followed:

- ★ PBRN needs a governance structure so we are designing a website page and have established a steering committee with GP, researcher and network coordinator from the Institute of Evidence-Based Healthcare (IEBH) and Bond's Faculty of Health Sciences and Medicine (HSM), with Griffith University, and the Gold Coast Primary Health Network (PHN GC) having a voice.
- ★ The small groups had a strong preference for being involved in co-design of research projects – the first of these co-design projects is about ASM – Mina will be in touch inviting anyone who is interested to join the initial planning for this project. Please contact Mina Bakhit, mbakhit@bond.edu.au
- ★ Some of the groups wanted access to practical help with the steps in doing research. We will use our new website to share this information and let you all know what research training is happening at bond and Griffith and our team here can provide help in the meaningful research
- ★ Practice Managers (PMs), Practice Nurses (PNs) and GPs were keen to consider research projects about what structures works best for running a general practice.

There were many other good ideas from the meeting which, we all as the network, will consider in the future and the meeting ended with everyone agreeing to be the inaugural members of the network.

The link to the presentation slides:

[Inaugural PBRN Event - Presentation slides - 22 October 2019.pptx](#)



Ways to start getting involved

* Co-designing – AMS Project

Our program of research for the next couple of years is to develop and implement strategies to help GPs talk to patients about antibiotic use, and to target antibiotics in the most effective way. This is our Antimicrobial Stewardship (AMS) research agenda.

Co-designing research with stakeholders enables researchers to conduct projects that have the best chances of success because these stakeholders have important experiences that are critical to study design. Therefore, we are asking GPs to partner with us to co-design some of our AMS research.

Please click on the following link to submit your interest - <http://tinyurl.com/y2kgug4t>

* Journal Clubs

Would you like to discuss the evidence relevant to your daily clinical practice, share your experience, brush up your critical appraisal skills, earn points claimable for registrars' supervision activities, and have great fun!

Join the other GP practices that we support in running regular chat to discuss evidence relevant to their practice "Journal Clubs"

As a valued member of our network, we are delighted to support you to run these events in your practice, which include: providing you with **the best available evidence answering your clinical question, guidance on the appraisal and the interpretation of the research evidence, and tools to foster the implementation of the evidence into practice.**

For those who are interested but could not organise a journal club in their practice, please contact us expressing your interest in attending such an event.

Recent questions discussed include:

- * *Is cranberry juice effective for treating or preventing UTIs?*
- * *What is the evidence for turmeric for treating or preventing depression?*
- * *Magnoplasm for drawing out skin infection or splinters*

Please share this newsletter to the other members of your practice and associates so we can grow the network.

Upcoming events – Save the date!

- * Sustainability of Healthcare Colloquium and Awards – The Great Debate
Wednesday, 27 November 2019
1:00pm – 9:00pm AEST
<http://elink.bond.edu.au/m/1/56415810/02-t19275-046611ae3b8a488e904d376f5837b7ba/1/1/1>
- * PBRN Evening meeting
Tuesday, 24 March 2020
6:00pm – 9:00pm
HSM, Building 5, Bond University

Network Membership

We would like to invite all the people in your practice, including registrars, or any colleagues and associates you can muster, to join us! Please email Amanda Murray, network coordinator, to ask any questions or to find out how to register - amurray@bond.edu.au.

We look forward to having you on board!

