

## GoldNet Research Network 2021 Biannual Meeting

Tuesday, 2nd November 2021

5:45pm – 20:30pm AEST

Griffith Chancellery, G34\_1.05/1.06

Griffith University, Gold Coast

Zoom Link for Remote Attendees: <https://bond.zoom.us/j/99391995954>

Password: goldnet

### Program Outline

17:45 – 18:30	<b>Registration with light refreshments</b>	
18:30 – 19:00	<b>Welcome and Introduction</b> <i>Update on PBRN activities since last event</i>	<b>Associate Professor Lauren Ball</b> Griffith University
19:00 – 19:30	<b>Keynote Talk</b> <i>“Using behaviour change science to support discussions about weight”</i>	<b>Ms Roshan Rigby</b> PhD Candidate, Griffith University
19:30 – 20:00	<b>Audience Discussion</b> <i>What behaviour change techniques do you use? How do you currently incorporate this into practice? What professional development opportunities would be most useful?</i>	<b>Facilitated Small Group Discussion</b>
20:00 – 20:30	<b>Keynote Panel</b> <i>“If not the 5As framework, then what? How can we best support behaviour change and weight management?”</i>	<b>Associate Professor Lauren Ball</b> Griffith University  <b>Dr David Chua</b> Griffith University  <b>Dr Zara Mason</b> Eastbrook Medical and Robina Family Medical
20:30	<b>Closing remarks</b>	

**Note:** Map of the location of the event will be provided in the event registration confirmation email. For parking, we recommend parking at the Gold Coast University Hospital (paid) or in street parking (casual unpaid, please check street signage).