

Developing a co-designed vaping cessation program for young adults

Co-design Workshop Information & Consent Sheet

GU Ref No: 2022/925

Who is conducting the research?

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Why is the research being conducted?

Nicotine Vaping Product (NVP) use is a critical public health issue with increasing prevalence amongst young adults in Australia. The risk of nicotine dependence is known and there is a three-fold increased risk of smoking combustible cigarettes following vaping initiation. Evidence overseas shows users are wishing to quit with many accessing smoking cessation programs as a means of support. Given the significant increase of vaping in Australian young adults this research aims to understand how best to support vapers in the ‘quit vaping’ process and to inform the development of a co-designed vaping cessation program.

This research is being conducted as a part of the student’s doctoral studies.

What you will be asked to do

You are being asked to participate in a two-hour online co-design workshop via Microsoft Teams. In this session, you will be asked to give feedback on a range of ideas that could potentially be used to help vapers quit. You will participate in a small group activity to help generate design ideas and give feedback on your experiences around quitting vaping, what you think you might like to help you quit or what you think a quitting vaping program requires. You will be required to use your camera whilst taking part in group activities, to facilitate communication. Audio and video recording will be used, as well as digital whiteboards, to ensure all your insights are being captured during the session while maintaining your confidentiality. Upon completion you will receive a \$50 gift voucher as a thank for your time. The audio-video recordings will be destroyed after analysis and will not be used in any outputs or publications. The digital notes will be stored behind multi-factor authentication on Griffith’s Research Data Repository.

The basis by which participants will be selected or screened

You will be identified as a potential participant if:

1. You are a vaper or former vaper
 - a. 18-24 years
 - b. Currently living in Australia
 - c. Australian Citizen, Permanent Resident or NZ Citizen living in Australia (under Special Visa Category)
2. Or, you are a **key stakeholder** involved in supporting young people’s health and/or in

supporting young people to quit vaping

The expected benefits of the research

This research aims to engage the end-users (vapers, former vapers or additional stakeholders) in the co-design of a vaping cessation program. Participants will provide feedback on a range of ideas that could potentially be used in a quit vaping program, and offer insights into what they feel a vaping cessation program should include. It is intended that the findings will be reported to Griffith University and may also be disseminated via journal articles and/or conference presentations for the benefit of the wider community.

Risk & confidentiality

There are no foreseeable risks associated with participation in this research. The data that Griffith University collects will be de-identified and you will not be personally identifiable in any publication or reporting. De-identified data will be stored electronically at Griffith University Research Storage Platform and only the authorised research team will have access. All audio and video recordings will be erased after transcription, as per Griffith University Protocol. Photographic data and hard copy notes will be retained in a locked cabinet and/or a password protected electronic file at Griffith University for a period of five years before being destroyed.

Voluntary Participation

Participation is entirely voluntary, and consent given prior to the commencement of the workshop. Following the workshop, withdrawal of consent and responses will not be possible, due to the difficult nature of identifying individual contributions in discussions. However, a participant may decline to respond to questions or withdraw from the workshop. Any publications or materials produced will ensure no de-identified information is disclosed.

Privacy

The conduct of this research involves the collection, access, storage and/or use of your identified personal information. The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. A de-identified copy of this data may be used for other research purposes, including publishing openly (e.g. in an open access repository). However, your anonymity will at all times be safeguarded. For further information consult the University's Privacy Plan at <http://www.griffith.edu.au/about-griffith/plans-publications/griffith-university-privacy-plan> or telephone (07) 3735 4375.

Questions / Further Information

If you do have any further questions, or if you would like to receive a de-identified summary of the overall results, please contact Nicola Rahman via email:

nicola.rahman@griffithuni.edu.au

Ethical conduct of this research

Griffith University conducts research in accordance with the *National Statement on Ethical Conduct in Human Research*. The ethics reference number for this project is: GU Ref No: 2022/925. If you have any concerns or complaints about the ethical conduct of the research, please contact the Manager, Research Ethics to 07 3735 4375 or research-ethics@griffith.edu.au

Vaping Cessation Co-design Workshop

Consent

By signing below, I confirm that I have read and understood the information package and in particular:

I understand I am participating in one co-design session.

1. The research project and the time involved have been explained to me by the research team and information has also been provided in the Information Sheet;

2. I have read the Information Sheet have been given the opportunity to discuss the information and my involvement in the project with the researchers;

3. I understand that if I have any additional questions, I can ask the research team;

4. I understand that that my participation in this research is voluntary.

5. I understand that following the workshop, withdrawal of consent and responses will not be possible, due to the difficult nature of identifying individual contributions in discussions. However, I may decline to respond to questions or withdraw from the workshop at any time, without explanation. If I withdraw from the research, it will not affect the research, other activities or relationships with Griffith University or any external organisation;

6. I understand that my involvement in the research is strictly confidential and that no information about myself will be used in any way that reveals my identity;

7. I understand that I can contact the Manager, Research Ethics, at Griffith University Human Research Ethics Committee on 3735 4375 (or research-ethics@griffith.edu.au) if I have any concerns about the ethical conduct of the project;

8. I understand that written, video, audio and/or photographic recordings are being made as part of the study.

I (print name)consent to the participation in a co-design session. I understand that by signing this document I give my consent to participate.

Signature.....

Date.....