

The Clinicians Hub: identifying, preventing, managing, and treating childhood overweight and obesity

Exploring the acceptability and feasibility of the Clinicians Hub

Telephone/Zoom Information Sheet

Who is conducting the research?

Associate Professor Lauren Ball

NHMRC Fellow; Menzies Health Institute- Centre for Health Practise Innovation

Contact Phone: 0413031470 Contact Email: l.ball@griffith.edu.au

Ruby Marusic (Student Investigator)

Bachelor of Nutrition & Dietetics Honours Student

Contact Email: ruby.marusic@griffithuni.edu.au

The basis by which participants will be selected or screened

We are seeking Queensland based general practitioners (GPs) and nurse practitioners (PNs) working in primary care who provide childhood obesity prevention and management care to children and families. We are interested in finding out about your experience with the recently developed Clinicians Hub, and how useful you find it to identify, prevent, manage, and treat childhood overweight and obesity when working with families.

Why is the research being done?

A growing number of Australian children have an unhealthy weight. Approximately 25% of children in Queensland are either overweight or obese, so there is an urgent need to address this health issue. Primary care is a feasible and suitable setting for childhood obesity prevention and management; however, clinicians report several challenges when providing such care to families. The Clinicians Hub (Health and Wellbeing Queensland) was developed in 2020 as an online platform to overcome these challenges by offering a variety of clinical tools, resources, and training to support clinicians to talk about, identify, prevent, and manage childhood obesity with confidence and impact.

Although the Clinicians Hub has existed for almost two years, little is known about if and how it can assist in facilitating clinicians' provision of obesity-related care for families. Along these lines, this study was designed to explore clinicians' views on the different types of tools and resources available on the Clinicians Hub that are used to prevent and manage childhood obesity in primary care. Information and results will be presented in the student researcher's honour dissertation (academic thesis) being conducted as part requirement for the Bachelor of Nutrition and Dietetics with Honours Degree at Griffith University.

What you will be asked to do

You will be invited to participate in a telephone/zoom interview (approximately 20/30 minutes). The interview includes a variety of questions that aim to gain insight from primary health care providers (GPs and NPs), regarding use (specifically, feasibility and acceptability) of the Clinicians Hub when addressing childhood obesity with children and families. Interviews will be recorded and transcribed; however, participant's responses may be edited or erased upon request.

The expected benefits of the research

Your involvement in the research will contribute to a greater understanding of the effectiveness of the Clinicians Hub in supporting health care for childhood obesity, health, and well-being in families. By participating in the research, you will be reimbursed with one (1) \$80 Coles/Myer gift voucher* for your time. Information and results may be disseminated via journal articles and/or conference presentations. Results will be available to participants upon email request.

*Please see terms and conditions listed below

Risks to you

There are no foreseeable risks associated with participation in this research. Should you feel uncomfortable answering any of the questions included in the interview, or for any other reasons, you are free to withdraw from this research at any time.

Your confidentiality

Participant ID numbers will be used to identify recorded interview responses. Only the researchers who are conducting the research will be able to access the master list to link the participant ID numbers to the GPs and NPs. Results from the recording will be presented at a group level and data in a de-identified format. As per the Griffith University requirements, all research data (recorded interview responses and analysis) will be retained in a password protected electronic file at Griffith University for a period of five years from the date of the final publication before being destroyed. All electronic data will be saved to the Griffith University's Research Storage Services (<https://research-storage.griffith.edu.au/>).

Your participation is voluntary

Participation in this research is completely your choice. You are free to withdraw from the study at any time without a reason. Individual pieces of information or responses may be removed from the study upon request. Verbal consent* will be obtained prior to the interview process. *Please see under the heading "Expressing consent" for more information.

Questions / further information

If you would like additional information regarding the project, please contact the Senior Investigator, Associate Professor Lauren Ball; 0413031470; Contact Email: l.ball@griffith.edu.au

The ethical conduct of this research

This research has been approved (GU ref no: 2022/131) by the Griffith University Human Research Ethics Committee (Protocol Number 2016/772). Griffith University conducts research in accordance with the National Statement on Ethical Conduct in Human Research. If you have any concerns or complaints about the ethical conduct of this research project, you are encouraged to contact the Manager, Research Ethics on 07 3735 4375 or research-ethics@griffith.edu.au.

Feedback to you

- A summary of the aggregated results of the study (i.e., plain language summary) can be made available on email request. Please contact Associate Professor Lauren Ball; 0413031470; Contact Email: l.ball@griffith.edu.au

Expressing consent

Please keep a copy of this sheet for future reference. Verbal consent will be obtained prior to the interview via providing participants with this written participant information sheet that contains the participant consent statement*. Participants will either confirm to have read this statement or will have this statement read to them prior to interview. Consent will be recorded in study notes "On [date] at [time] Participant X read/ had read to him/her the participant information/verbal consent script, confirmed they understood the nature of the research and their participation, and agreed to proceed with the interview.

*Please see Participant Consent Statement

Privacy statement

The conduct of this research involves the collection, access, storage and/or use of your identified personal information. The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. A de-identified copy of this data may be used for other research purposes, including publishing openly (e.g. in an open access repository). However, your anonymity will at all times be safeguarded. For further information consult the University's Privacy Plan at <http://www.griffith.edu.au/about-griffith/plans-publications/griffith-university-privacy-plan> or telephone (07) 3735 4375.

Participant Consent Statement

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Participants will be asked to confirm that: "By agreeing to participate, you will be confirming that:

- You understand what participation in this research entails [one on one semi-structured interviews];
- You have had any questions answered to your satisfaction;
- You understand that if you have any additional questions you can contact the research team;
- You understand that your participation is voluntary and that you are free to withdraw at any time, without explanation or penalty; and
- You understand that you can contact the Manager, Research Ethics, at Griffith University Human Research Ethics Committee on 3735 4375 (or research-ethics@griffith.edu.au) if you have any concerns about the ethical conduct of the project."

Terms and Conditions

All participants involved in this study between 01/03/2022 and 01/06/2022 will receive one \$80 gift voucher

- \$80 gift card from Coles/Myer

The vouchers will be distributed on 01/07/2022 via email.

Terms and conditions

1. The research reimbursement is being run by Associate Professor Lauren Ball and Ruby Marusic of Griffith University to encourage participation in our research into exploring the perceptions of GPs and PNs with identifying, managing and treating childhood obesity.
2. By electing to participate, you accept these terms and conditions as governing the reimbursement.
3. Twenty Five (25) gift vouchers will be awarded, each being a Coles/Myer voucher and being worth \$80. Should the advertised gift become unavailable as a result of circumstances beyond our control, we are free (at our sole discretion) to substitute a cash prize equivalent to the value of the prize advertised.