

# Participant Information Statement



**Project:** Sleep problems in children: experiences, current practices, knowledge, and attitudes of Australian General Practitioners

**Chief Investigator:** Professor Nicholas Zwar

## 1. What is the research study about?

We are conducting research into paediatric sleep disorders in primary care. We are interested in general practitioners' current practices, experiences, and perceptions of their role in assessing and managing children with sleep problems presenting in Australian primary care.

## 2. Who is conducting this research?

This research is being carried out by the following researchers:

Professor Nicholas Zwar – GP, Professor and Executive Dean, Bond University

Dr Scott Burgess – Paediatric Respiratory and Sleep Specialist, QLD Children's Lung and Sleep Specialists

Dr Stijn Soenen – Associate Professor, Bond University

Dr Elizabeth Hoon – Researcher and course coordinator, University of Adelaide

Ms Kylie Russo – PhD student investigator, Bond University

**Research Funder:** This research is being supported by the **NHMRC**-funded National Centre for Sleep Health Services Research - Positioning Primary Care at the Centre of Sleep Health Management Scholarship.

## 3. Can anyone take part in this study?

We are seeking to recruit individuals who meet the following criteria:

- practicing general practitioners (GPs) within Australia who see children (0-15yrs) as part of their regular daily practice

## 4. What does the participation in this study involve?

As part of this study, you will be asked to participate in the following:

**Interview:** A telephone (or video with only audio recorded) interview, and you will be asked questions about your experiences with children presenting with possible sleep disorders. The interview will take place at a time which is suitable to you.

With your permission the research team would like to audio record the interview. If you do not wish to be recorded but you would like to participate, please advise the research team and written notes will be taken.

## 5. How much time will the study take?

**Brief questionnaire:** Completion of online expression of interest and consent form will take approximately -3 minutes.

**Interview:** The interview will take approximately 30 minutes.

## 6. Will I incur any costs by participating in the study?

There are no costs associated with participating in this research project. By participating in this study, you will be reimbursed one (1) \$100 gift voucher.

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## 7. Will the study involve any risk or discomfort?

There are no foreseeable risks associated with participation in this research. Should you feel uncomfortable answering any of the questions included in the interview, or for any other reasons, you are free to withdraw at any time. Your involvement in the research will contribute to a greater understanding of childhood sleep disorders in primary care.

## 8. What will happen to the information collected about me?

By signing the consent form, you consent to the research team collecting and using information about you for the research study. Interviews will be audio recorded and transcribed. All the data collected in this study will be treated with complete confidentiality and no identifiable information made accessible to any person outside of the researchers working on this project. This information will be fully anonymised and combined with the views and experiences of other participants who agree to take part. No individual will be identifiable at any stage in the publication or presentation of the findings.

The research team will store the data collected in a secured location at Bond University for:

- 5 years after the publication of the research results

The information about you will be stored in a:

- Re-identifiable format where any identifiers such as your name will be replaced with a unique code.

## 9. What if I want to withdraw from the research study?

Participation in this study is voluntary, you are not under any obligation to consent and if you do consent you can withdraw at any stage and will not affect your relationship with Bond University, or any other organisations involved in this research.

You can withdraw your consent by advising the researcher verbally, via email or phone using the information supplied as part of this information pack.

You may stop the interview at any time if you do not wish to continue. The data and audio recording will be erased and will not be included in the study.

## 10. How do I obtain further information about this study?

If you would like to know more information regarding this study, or if you have any problems which may be related to your involvement in this study you can contact the research team:

<b>Name</b>	Kylie Russo
<b>Position</b>	PhD Student Investigator
<b>Telephone</b>	0467859152
<b>Email</b>	<a href="mailto:kylie.russo@student.bond.edu.au">kylie.russo@student.bond.edu.au</a>
<b>Ethics Approval Number</b>	KR00140

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## 11. Will I receive the results of the Study?

The research team intend to publish and/ report the results of the research. If you would like a copy of the results, please indicate via the expression of interest form or verbally to the researchers of this study.

## 12. What if I have a complaint or any concerns about the research Study?

Any concerns or complaints about the conduct of this study should be direct to:

Bond University - Human Research Ethics Committee  
14 University Drive  
ROBINA QLD 4226  
Email: [ethics@bond.edu.au](mailto:ethics@bond.edu.au)  
Phone: +61 7 5595 4194

**This information sheet is for you to keep.**

## Consent

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### Participant providing consent

- I understand I am being asked to provide consent to participate in this research study;
- I have read the Participant Information Sheet, or someone has read it to me in a language that I understand;
- I understand the purposes, study tasks and risks of the research described in the study;
- I understand that the research team will audio record the interviews; I agree to be recorded for this purpose;
- I provide my consent for the information collected about me to be used for the purpose of this research study;
- I have had an opportunity to ask questions and I am satisfied with the answers I have received;
- I freely agree to participate in this research study as described and understand that I am free to withdraw at any time during the study and withdrawal will not affect my relationship with any of the named organisations and/or research team members;

**Consent will be sought at the commencement of the interview.**

## Withdrawal

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## Withdrawal of Participation

You can withdraw your participation consent by advising the researcher verbally, via email to [nzwar@bond.edu.au](mailto:nzwar@bond.edu.au) or phone.

### Contact details for withdrawal of participation:

Chief Investigator Name:	Professor Nicholas Zwar
Email:	<a href="mailto:nzwar@bond.edu.au">nzwar@bond.edu.au</a>
Phone:	+617 5595 5499