BOND UNIVERSITY

FACULTY OF HEALTH SCIENCES & MEDICINE

General Practitioner Information Statement

1. What is the research study about?

The study aims to improve knowledge and self-management capacity of COPD patients with co-morbidities in general practice. We plan to use tailored education to improve patients' confidence, knowledge and skills regarding self-management of their COPD and other health conditions. This study will test the impact, feasibility and acceptability of a tailored self-management intervention, which will be delivered to participating patients by their PNs in up to five one-to-one sessions.

2. Who is conducting this research?

The study is being carried out by the following researchers: Prof Nick Zwar from Bond University, Prof Ian Yang from the University of Queensland, Prof Helen Reddel from the Woolcock Institute of Medical Research and University of Sydney, Dr Sameera Ansari from UNSW Sydney, Prof Elizabeth Halcomb, A/Prof Hassan Hosseinzadeh, Prof Marijka Batterham and Prof Glenn Salkeld from the University of Wollongong Australia, with support from Lung Foundation Australia and the Australian Primary Health Care Nurses Association. This study is funded by a Primary Health Care research grant from the Australian Government's Medical Research Future Fund.

3. Do I have to take part in this research study?

Participation in any research project is voluntary. If you do not want to take part, you do not have to. If you decide to take part and later change your mind, you are free to withdraw from the project at any stage.
If you decide you want to take part in the research study, you will be asked to:

- Read the information carefully (ask questions if necessary);
- If you would like to participate, please sign the enclosed consent form and return a copy to the researchers.

4. What does participation in this research require, and are there any risks involved?

If your general practice is randomised to the control group, you will not be required to do anything through the duration of the study.

If randomised to the intervention group, you will be required to:

- Attend an online webinar about the study and implementation of the self-management program in your practice;
- Assess the patient and change their prescribed medication as needed, upon request by the PN, during the course of the program.

We don't expect any risks to be involved in your participation in the trial.

5. Do I receive any compensation for taking part in this study?

Should you choose to participate in this study, the following recompense will be provided:

- Practice payment for staff time to undertake a medical record search and invite eligible patients ($1000);
- A $200 gift voucher for a practice champion, nominated by the practice team, who will be the main focal point for the study;
- Payment to the practice for the PN's time to attend a training workshop to equip them about the study and the intervention ($60 per hour of the PN's time away from the practice – only for PNs in practices randomized to the intervention group);
- Payment to the practice for the PN's time to deliver the tailored education to patients in up to five one-to-one sessions ($60 per session – only for PNs in practices randomized to the intervention group).

6. What are the possible benefits to participation?

There is potential for PNs and GPs in the intervention group to be upskilled as a result of the training provided for them to deliver the personalised self-management program for COPD in the context of multi-morbidity. There is potential for patients in the intervention group to benefit from participation in the self-management program, but this cannot be guaranteed.

7. What will happen to information about me?

By signing the consent form, you consent to the research team collecting and using information about you for the research study. We will keep your data for seven years. We will store information about you in a non-identifiable format in a secure facility at Bond University. Your information will only be used for the purpose of this study. Publications in scientific journals and conference presentations resulting from this study will be presented in such a way that you cannot be identified.

8. How and when will I find out what the results of the research study are?

The research team intend to publish and/ report the results of the research study in a variety of ways. All information published will be done in a way that will not identify you. If you would like to receive a copy of the results you can let the research team know by adding your email or postal address within the consent form. We will only use these details to send you the results of the research.

9. What if I want to withdraw from the research study?

If you do consent to participate, you may withdraw at any time. You can do so by completing the 'Revocation of Consent Form' which is provided at the end of this document. Alternatively, you can ring the research team and tell them you no longer want to participate. If you decide to leave the research study, the researchers will not collect

additional information from you. Your decision not to participate will not affect your relationship with the researchers or the participating institutions.

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10. What should I do if I have further questions about my involvement in the research study?

If you want any further information concerning this project or if you have any problems which may be related to your involvement in the project, you can contact the Lead Investigator of the study:

Name	Prof Nick Zwar
Position	Executive Dean, Faculty of Health Sciences and Medicine, Bond University
Telephone	07-5595 5499
Email	nzwar@bond.edu.au

11. What if I have a complaint or any concerns about the research study?

If you have any complaints about any aspect of the project, the way it is being conducted, then you may contact:

Title	Bond University Human Research Ethics Committee
Telephone	07-5595 4194
Email	ethics@bond.edu.au
HREC Reference Number	SA02927