



This research has been approved by the NSLHD HREC reference number 2022/ETH01795

Is chronic pain impacting your everyday life?

If you are currently using opioids for pain, this study may be for you

Digital health support for people with chronic pain

In this innovative study, researchers from The University of Sydney are testing whether digital support can help people with chronic pain while reducing their opioid medication.

What does it involve?

- Using one of the digital health interventions
- Completing monthly surveys for 3 months

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Location

This study is conducted online and over phone. You can participate from anywhere in Australia provided you have access to a phone network and the internet.

Are you eligible?

- 18 years or older
- Living with chronic pain
- Using opioids and willing to reduce your dose (or already reducing)

Scan this QR Code to find



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